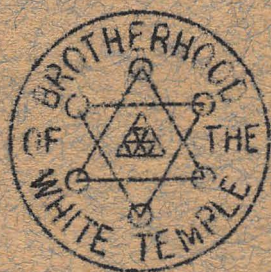


NEOPHYTE
WORK OF B.W.T.



GRADE-1 LESSON-3

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EMOTIONS

Man in his present stage of evolution of Consciousness is more or less a prey to the reactions of LIFE. Every person recognizes to some degree, the natural forces of Nature, which surround his every move. Some people are so conscious of their being pushed about by Nature and Society that they believe their whole life is actually fated by some zealous God. These people have conceived their God to be an emotional God, a God of love, hate and selfishness, like themselves, but magnified to an all-embracing power far removed from themselves. Many people, even to this day, worship the dreamer of Atlanteat, a God the people of the East believe to be sleeping far beneath the foundation of a lost city. They say that as he dreams of a thing it exists, and when he ceases to dream of it, it ceases to have existence.

All men realize to some degree their inability to cope with natural law. Yet every man feels that he possesses the ability to alter his fate in some respect at least, if he lives in

the proper manner. A large percentage of mankind today worship, pray, and make sacrifices to their Gods to avoid the destinies they most fear.

But the trained Occultist realizes that he is the Master of his destiny and that Mastership can come only to him who has mastered his emotional self. The first step to Mastership which the student of Metaphysics should take, is the conquest of his emotions.

The most responsive chord to external conditions in the human system is generally his emotional make-up. Society would be colorless, and bleak, and probably inert, without the forces of human emotionalism to drive mankind forward into desire and effort. Emotion should not be suppressed or destroyed, but given expression in the most normal manner. Never should the emotions rule the better judgment of the intellect. Rather, let the intellect hold the emotional powers in check, and be driven like an expert would pilot a team of energetic and trained race horses through the surging highways of life.

Emotions may be likened unto the boiler of a steam engine. The greater the capacity for steam, the greater is the resource of energy. Each person is different in their emotional make-up in capacity and in channels of expression. The wealth and variety of emotions of a man is largely dependent upon his sensitiveness and the complexity of his mind

while his purposes and proper utilization of all his emotional energy must be directed and controlled by his rational mind.

The physical body is a chemical machine, and the emotions of man have been shown by scientists to be the flow of chemical charges moving through different portions of the body. These chemical expressions of the physical organism, if allowed to run amuck, may destroy the harmony in the body and mind to such a degree that chemical poisons are generated, which will eventually cause disease and death. Whereas, when the body and mind is properly balanced in its chemical flow all parts of the system will be normally fed and nourished. When the body is normal, no gland or organism will be underactive or superactive, and each will function in an attunement of each other that will enable the body to become a perfect channel for Spiritual manifestation. The body, in the first place was designed in order for the infinite to manifest in the material, and when the emotions stop up this channel to any degree through any physical inharmony, the soul is hindered in its normal expression in the material plane.

An emotion is not a cut and dried thing appearing in the same manner in all people, but has infinite varieties of combinations or reactions, according to the individuality of the person. There are two major polarities of emotion-

alism - the unbridled emotionalism of the lower degrees of Self Consciousness which we find among the masses of humanity, and the controlled emotionalism of those who are in full Cosmic Consciousness.

Those who are in the lower degrees of Self Consciousness are growing and expanding in their emotional potentialities as they acquire experience and intellectual control. Because their knowledge is not sufficient and their intellect does not have perfect control of the body, their undrilled emotions set up inharmonies and chemical poisons in their anatomy and mind until their organic disorders prove to be fatal.

After many lives and many experiences of being pushed about by their emotional desires and urges against the forces of Society and Nature, the Ego grows more aware of errors and the intellect develops more and more as a judicial check upon these emotional surges.

In this manner, the mind is trained to control and govern the energy of the emotional and physical system of the human body. By gaining this awareness, the person is growing into an understanding of himself and in this understanding which is formed by his own particular series of experiences, he acquires his own peculiar manner of reasoning and control of his body.

As a person gains control of his

emotions, his energy and power, to enjoy emotional ecstasy develops, because he has learned better how to direct this force into more fruitful and purposeful channels without disastrous results. Further, he realizes that he can determine his own course of life to some degree (Systems of Society), and tries to feel his way to his desires and his goal with the least discomfort possible.

Any person who allows their emotional nature to get ahead of their rational reasoning is apt to find himself in unpleasant conditions. When the emotions reign over the intellect, a person acts much like a frightened horse running away from some object and crashing into, and getting tangled with any object which he might meet in his flight. It is essential that our emotions be in abeyance to our Will if we expect to attain any intelligent goal.

Naturally, in our effort to fit into the social customs and to be considerate of the rights of our associates, we suppress many of our emotional desires and ideas. Any desire which is repressed and not allowed to manifest, remains in the mind, ready to come forth at any moment in its continual seeking to manifest. We have suppressed some emotional idea when we find ourselves longing for something or to do something which our ideas or social habits do not permit. These emotional urges will remain with us until we have allowed them expression.

Vol. The emotional mind may not be conscious of repressed desires, while the subjective mind can be harboring a large number of them. When the objective is relaxed, as when we are asleep, often these repressed urges come forth as pictures, phantasies or dreams. Even during our daily affairs, these repressed emotional desires in the subjective mind, surge upon the objective mind and influence the behavior of our objective thinking.

As our intellect grows in its control over the emotions, and the coordination between the two minds, objective and subjective, develops, the store of repressed ideas in the subjective decreases and the intuitive voice of the subjective can be heard plainer and more often.

So, when man approaches Cosmic Consciousness, he should have gained reasonable control of his emotional concepts and tendencies. No man can expect to ever gain Mastership or Cosmic Illumination as long as any emotion or feeling can ever surmount and sway his reasoning for even a moment from its logical and judicial processes. The higher powers of the Soul and its Infinite Resource could not be given to an Ego which is unbalanced and liable to direct the greater forces of Nature to any selfish and disastrous result upon the general welfare of mankind.

Emotions are essential to the

physical organism of man, but must be controlled and directed before the physical body can become a suitable channel for the expression of the Spiritual forces of the Infinite to flow through. Therefore, it is imperative that the emotions must always be under control of our intellect if we hope to receive Cosmic Illumination. So you can see that we, who aspire to grow Spiritually must develop the emotions to their true fruition and yet retain Mastership over them. Suppressed emotions are not dead forces at all. The effect of suppressed emotions will cause chemical in-harmonies in any portion of the body, while mentally, each suppressed emotion of the subjective mind is an obstacle to Spiritual growth. Any repressed idea or emotion acts as a stoppage in the connection between the objective and subjective divisions of the mind. The mind cannot function normally until this connection is open, and we must open our inner minds and clean house before we can hope for the Master within to manifest.

So, before we can find the Master within, we must conquer our emotions and learn to utilize them as our physical tools. Our emotions color our mental perspectives and gives us many channels for material expression. When we have become the Master of our body, we are ready to blend with the Power and Wisdom of the Cosmic Consciousness.

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